

# **Independence Day in the United States**

The Fourth of July is one of the biggest summertime celebrations in the USA. It's a day when friends and family gather around to grill, watch fireworks, and enjoy each other's company out in the fresh air.

Independence Day is nostalgic, patriotic, and a day that many look forward to when it comes to summertime fun. What's more is that this day is enjoyed just as much by adults as it is by children. However, this holiday weekend is also linked to some safety hazards, such as injuries related to car crashes, mishandling fireworks, and noise-related stress for pets. Knowing about these potential safety issues can ensure that your clients have a fun and safe holiday weekend.

#### The Historical Significance of July 4th

Americans celebrate the Fourth of July to commemorate the day that the United States officially became a nation independent of England. The first permanent English settlement in the New World was established at Jamestown in 1607. Over the following decades, 13 colonies were established on the east coast of this new land.

However, by the mid-1760s, colonists grew tired of English policies, like taxation without representation, until 1775, when the American Revolution kicked off with the Battles of Lexington and Concord. In 1776, an official committee drafted the Declaration of Independence, a document that effectively broke ties with the Crown of England. It was officially adopted on July 4th, marking the United States' independence and formation as a new nation.

One year later, in 1777, the first Fourth of July celebration took place to commemorate one year of independence. The celebration was in Philadelphia, but it expanded to other states and cities over time. Even so, July 4th didn't become an official holiday until 1870. The government declared it a paid holiday for federal workers in 1941.

### **Independence Day Traditions**

In the early days, Americans celebrated Independence Day by gathering around bonfires with family, friends, and neighbors. This tradition evolved into the great fireworks displays that this holiday is so known for. Some keep it simple with sparklers and bottle rockets, while others enjoy elaborating pyrotechnic shows held by local organizations.

You'll see red, white, and blue everywhere that you look during the Fourth of July weekend. Displaying the colors of the American flag is a fun and easy way to show patriotism on Independence Day. People wear festive clothing, fly flags, and even make festive food and drinks that follow the theme.

As with any holiday, gathering together is an important Fourth of July tradition. Families enjoy watching parades together, an activity that's especially exciting for little ones. After the parades, it's time to fire up the grill for a barbecue or cool off at the beach or the pool. As the sun starts to set, families and friends grab blankets and lawn chairs to get ready for colorful fireworks to light up the sky.

#### **Interesting Fourth of July Celebrations Today**

Today, the Fourth of July is celebrated in many different ways across the country. Let's take a look at some of them.

- Cody, Wyoming: This town near Yellowstone is famous for rodeos and being the home of Buffalo Bill. It's only fitting that it celebrates the Fourth of July with the Cody Stampede, a series of family-friendly rodeos. Festival goers can also try bull riding, if they're brave.
- Mount Rushmore, South Dakota: You won't find fireworks at this celebration, but you will see actors who portray the presidents carved into the rock. There is music, performances, and a sculpture lighting ceremony at night.
- Addison, Texas: Here, you'll find an air and water show, skydiving, and one of the country's best fireworks shows, according to the American Pyrotechnics Association. This celebration is so popular that the town's population swells from 17,000 to 500,000 for the weekend holiday.
- New York City, New York: The city hosts the biggest fireworks show in the country. The Macy's 4th of July Fireworks Show attracts thousands of visitors who come to watch the pyrotechnics launch from barges in the East River and light up the night sky. One quirky tradition is Nathan's Famous International Hot Dog Eating Contest on Coney Island.
- **Bend, Oregon:** Thousands of animal lovers come to Bend for its annual Fourth of July pet parade. You'll see cats, dogs, and even goats, and those without pets are invited to bring a stuffed animal to participate in the celebration.

#### **Modern Interpretations of Patriotism**

While the USA has always been a melting pot of cultures, values, and ideals, the idea of patriotism and the American Dream can have some differences between generations. Today, many adults and young adults still feel pride in their country and to be an American, but they might not display their patriotism as loudly and proudly as their parents.

Many Americans are proud of the nation's tradition of freedom, the right of individuals to do what they choose in life. This means getting an education, following their dreams into a vocation of their choosing, and making goals and decisions in their personal lives. As this is not always the case in every country, most Americans hold this ideal as precious.

The idea of the American Dream seems to shift a bit across generations, but for the most part, it means being able to have a meaningful job that allows you to pursue the things in life you want, like a comfortable home, a family, and a happy life.

## **Getting Ready for a Patriotic Summertime Celebration**

The Fourth of July is one of the highlights of summer for most Americans. It's a time to relax with friends and family, partake in fun traditions, and display patriotism in the best way that you see fit. However, it is important to remember safety, especially when handling fireworks or consuming alcohol, as incidents of injury spike during the Fourth of July weekend. With this in mind, there's no reason your clients can't enjoy an exciting and memorable holiday weekend.

#### **SOURCES:**

- 1. American Safety Council: "Quick Fourth of July Safety Facts You Need to Know."
- 2. Education First: "This is how Americans celebrate the 4th of July."
- 3. Golden Gate Express: "Modern patriotism's shift from the American dream."
- 4. Lonely Planet: "Where to celebrate the 4th of July in the USA in 2024."
- 5. Reader's Digest: "What Is the 4th of July, and Why Do We Celebrate It?"
- 6. Share America: "Celebrating the 4th of July Across America."